

Personal Survival

This course provides the minimum standard of competence in personal survival techniques (STCW Table A-VI/1-1). Provides instruction and assessment in water survival during shipboard emergency to abandon ship. Instructs students in dangers to the survivor in the water and the use of personal survival clothing and lifesaving devices. A component of Basic Training.

Discussion: Swim/Water Survival Orientation

- Types of shipboard emergencies that might occur
- Lifesaving appliance onboard
- Survival craft and their equipment
- Types of personal lifesaving devices and survival clothing
- Actions to be taken in an emergency
- Dangers to survivors in the water

Demonstration: Donning and use of equipment

- Demonstrates the donning and use of a personal flotation device (USCG Type 1 PFD)
- Demonstrates the donning and use of a thermal protection device (TPA)
- Demonstrates entry, exit and use of a ring life buoy

Demonstration: Water entry procedures

- Demonstrates the ability to stay afloat without a lifejacket
- Demonstrates water entry techniques wearing a lifejacket

Demonstration: Survival craft procedures

- Demonstrates the ability to board survival craft while wearing an approved Type 1 PFD
- Demonstrates the ability to assist others boarding a survival craft (lifeboat and/or life raft) while wearing an approved Type 1 PFD and/or immersion suit
- Demonstrates the ability to take initial actions onboard survival craft (life raft and/or lifeboat)
- Demonstrates the ability to right an overturned unmanned life raft while wearing an approved Type 1 PFD without assistance

Demonstration: Dangers to survivors

- Demonstrates the ability to escape from simulated burning liquids on the surface of the water without a lifejacket
- Demonstrates the ability to escape from burning liquids on the surface of the water while wearing an approved Type 1 PFD
- Demonstrates shark attack precautions and deterrents