

## Social Responsibility (SR-0401)

### *Learning Outcomes*

1. Be able to maintain good personal and working relationships with shipmates.
2. Be able to communicate effectively with shipmates.
3. Be able to identify the impact of alcohol and drugs on mariners.
4. Be able to practice good hygiene and prevent the spreading of communicable diseases.

### *Attendance Policy*

The Social Responsibility lecture series is offered as part of Freshman Orientation Mini-Cruise (Freshman OMC) onboard the TS Kennedy. Attendance at all lectures is mandatory. The only way to make up Social Responsibility lectures is by special arrangement with the STCW/Licensing Office.

### *Course Structure*

The Social Responsibility lecture series consists of two lectures: *Alcohol Awareness* and *Human Relations*.

### *Syllabus*

Social Responsibility provides the student with the basic tools to be a good shipmate, including maintaining good human and working relationships onboard, basic team working principles and practice, conflict management, individual rights and obligations, and alcohol and drug awareness. The Social Responsibility lecture series is a core piece of Freshmen Orientation and the skills and principles introduced then are reinforced daily through life in the regimental system, as well as more formally during sea term pre-briefs and other leadership training. Topics include:

#### *Human Relationships*

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- The importance of maintaining good personal and working relationships aboard ships.
- Team building exercises.
- The causes and symptoms, as well as the physical effects, of stress.

- The results of stress-related judgment errors in giving orders, standing watch, and in all duties of the mariner.
- The deleterious effects of stress on human relationships aboard ship.
- Stress management techniques.
- Conflict management techniques.

### *Communication*

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- The principles of good communication and potential barriers to effective communication.
- Techniques for clearly and effectively communicating.

### *Alcohol, Drug and Controlled Substance Awareness*

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- Basic knowledge of the laws pertaining to alcohol use.
- Hazards of habitual use of alcohol, drugs and other controlled substances to an individual, to the morale of a ship, and to the safety of shipmates.
- Massachusetts Maritime Academy (MMA) policy on unauthorized possession or use of alcohol.
- MMA policy on unauthorized possession or use of drugs and other controlled substances.
- Introduction to MMA's random drug testing program.
- Introduction to DOT/USCG rules and regulations on unauthorized use or possession of alcohol, drugs and other controlled substances.

### *Health and Hygiene*

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- The importance of basic of personal hygiene aboard ship.
- The danger to shipmates of transmitting disease as well as how to prevent transmission.
- Discussion of AIDS and other STDs.