## LB-0201 Course Description

### LB-0201 STCW Lifeboat Training – – 0

Provides minimum standard of competence in survival craft and rescue boats other than fast rest rescue boats (Table A-VI/2-1). Launching: instruction and practical assessments to take charge of a lifeboat during and after launch using proper commands and safety methods; recover a lifeboat in water; steer and start engine; manage survivors. Rowing: instruction and practical assessments to manage a lifeboat after abandoning ship, using proper commands, lifeboat equipment and devices to aid in location.

Prerequisite: MT-1111, ST-0999 STCW: Practical

## LB-0201 Lifeboatmen Program Syllabus

- 1. Practical demonstration "Under Oars" Accomplished at the Keith Hartford Sailing Center, Great Herring Pond, Plymouth MA
- 2. Practical demonstration of:
  - Steering by Magnetic Compass
  - o Deploying a sea anchor
  - o Rigging a Search and Rescue Transponder (S.A.R.T.)
  - o Demonstrating the use of a lifeboat radio
  - o Emergency Position Indicating Radio Beacon (E.P.I.R. B.)

Accomplished at the Keith Hartford Sailing Center, Great Herring Pond, Plymouth MA

- 3. Practical demonstration of "Launching and Recovering" a lifeboat Accomplished at the Massachusetts Maritime Academy waterfront using the "training gravity davit system".
- 4. Examination on the following topics:
  - o Familiarity with survival craft equipment
  - Managing survivors
  - o Signals for distress and signaling to attract attention
  - o Starting a lifeboat engine
  - o Sending a MAYDAY voice message
  - o Devices used to aid in the location of a survival craft
  - o Interpreting lifeboat markings
  - o Deploying a sea anchor
  - o Purpose of a sea painter

Scheduled for all sections the week before final exams; date to be announced

<sup>\*</sup>Assessments completed do not have an expiration date; only the assessments failed need to be attempted another semester.

# Under Oars Practical Evaluation Explained

Each coxswain shall tie on his or her sweep oar and be evaluated on let go, clearing the dock and any hazards, rounding a designated buoy, approaching dock, landing a crew member and making fast with a bow and stern line. The vessel must land on her fendering. The coxswain will become the next bowman

#### Evaluated on the following:

- 1. Maintains control of the boat
- 2. Anticipates effects of wind
- 3. Maintains good situational awareness; proactive not reactive
- 4. Uses clear commands
- 5. Approaches landing with bare steerageway
- 6. Displays ability to solve unanticipated problems
- 7. Displays confidence

During the spring semester, practice sessions will be held at the MMA waterfront Monday-Thursday 1600-1730 (starting date and person to contact to be provided). The appointed group section leaders are responsible for scheduling group practice sessions. The key to success is PRACTICE! PRACTICE! PRACTICE!